

Once-Weekly GLP-1 RA for Chronic Weight Management¹

Meaningful weight loss adult members can maintain^{1,*}

Co-primary endpoints¹



Average weight loss sustained at 68 weeks:

- Wegovy[®]: 14.9% (~35 lb)
- Placebo: 2.4% (~6 lb)



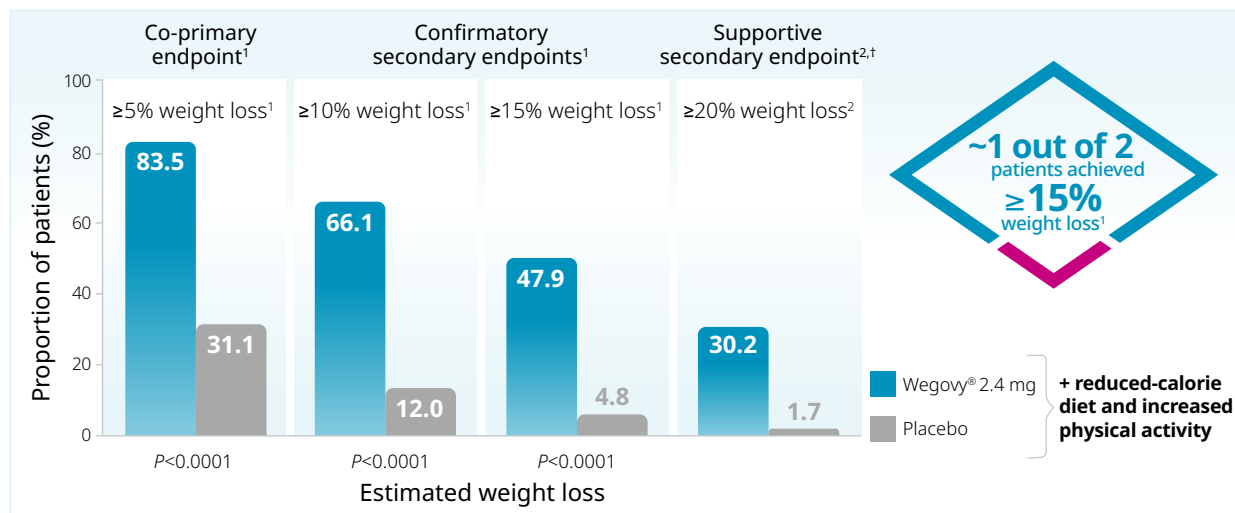
Patients achieving ≥5% weight loss at 68 weeks:

- Wegovy[®]: 83.5% of patients
- Placebo: 31.1% of patients

Mean baseline body weight: Wegovy[®] = 232.4 lb; placebo = 231.9 lb.
Mean baseline BMI: 37.9 kg/m².

Wegovy[®] consistently delivered clinically meaningful weight loss^{1,2}

In the STEP 1 clinical trial, ~85% of adults taking Wegovy[®] achieved ≥5% weight loss¹



Study design

STEP 1 was a 68-week trial of 1961 adults with obesity (BMI ≥30 kg/m²) or overweight (BMI 27 kg/m²-29.9 kg/m²) and at least 1 weight-related comorbidity, such as treated or untreated dyslipidemia or hypertension; patients with type 2 diabetes were excluded. Patients were randomized in a 2:1 ratio to either Wegovy[®] 2.4 mg or placebo (with a 16-week dose escalation period), both in conjunction with a reduced-calorie diet (~500 kcal/day deficit) and increased physical activity (recommended to a minimum of 150 min/week).¹

*At 68 weeks, mean weight loss was 14.9% (~35 lb) vs 2.4% (~6 lb) with placebo. Mean baseline body weight: Wegovy[®] = 232.4 lb; placebo = 231.9 lb. Mean baseline BMI: 37.9 kg/m².

[†]Supportive secondary endpoints were not included in statistical testing hierarchy or adjusted for multiplicity. These data are from the cumulative frequency distributions of change in body weight.

BMI, body mass index; GLP-1 RA, glucagon-like peptide-1 receptor agonist.

Please see Important Safety Information for Wegovy[®] continued on pages 2-3.
Please [click this link](#) for Prescribing Information, including Boxed Warning.

Indications and Usage

Wegovy[®] (semaglutide) injection 2.4 mg is indicated in combination with a reduced calorie diet and increased physical activity:

- to reduce the risk of major adverse cardiovascular events (cardiovascular death, non-fatal myocardial infarction, or non-fatal stroke) in adults with established cardiovascular disease and either obesity or overweight
- to reduce excess body weight and maintain weight reduction long term in adults and pediatric patients aged 12 years and older with obesity and adults with overweight in the presence of at least one weight-related comorbidity

Limitations of Use: Wegovy[®] contains semaglutide. Coadministration with other semaglutide-containing products or with any GLP-1 receptor agonist is not recommended

Important Safety Information

WARNING: RISK OF THYROID C-CELL TUMORS

- In rodents, semaglutide causes dose-dependent and treatment-duration-dependent thyroid C-cell tumors at clinically relevant exposures. It is unknown whether Wegovy[®] causes thyroid C-cell tumors, including medullary thyroid carcinoma (MTC), in humans as human relevance of semaglutide-induced rodent thyroid C-cell tumors has not been determined
- Wegovy[®] is contraindicated in patients with a personal or family history of MTC or in patients with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). Counsel patients regarding the potential risk for MTC with the use of Wegovy[®] and inform them of symptoms of thyroid tumors (e.g. a mass in the neck, dysphagia, dyspnea, persistent hoarseness). Routine monitoring of serum calcitonin or using thyroid ultrasound is of uncertain value for early detection of MTC in patients treated with Wegovy[®]

Contraindications

- Wegovy[®] is contraindicated in patients with a personal or family history of MTC or in patients with MEN 2, and in patients with a prior serious hypersensitivity reaction to semaglutide or to any of the excipients in Wegovy[®]. Serious hypersensitivity reactions, including anaphylaxis and angioedema have been reported with Wegovy[®]

Give your members personalized support

WeGoTogether® is a program with behavior change resources designed to help your members get started and stay on track with Wegovy®. **This program is intended to complement, not replace, their healthcare provider's care.**



MEDICATION

Helpful tools available for Wegovy®, including:

- Tips for using their pen
- Ability to track dose
- Weekly text reminders to take medication



MOTIVATION

- Coaching can be live via phone, text, or email based on member preference
- Coaches guide patients to create SMART goals on portion control, sleep hygiene, physical activity, and more to support long-term change
- MHFA- and ADCES-certified coaches are trained in obesity and supporting lifestyle change based on member's unique needs



MOMENTUM

- Reframing behavior change from weight loss to long-term weight maintenance
- Tools, tips, and lifestyle content designed to help them maintain efforts for the long term
- A personalized web experience allows members to track their progress and print their report to share

Patients are advised to consult their healthcare providers about treatment-related questions.

ADCES, Association of Diabetes Care & Education Specialists; MHFA, Mental Health First Aid; SMART, Specific Measurable Relevant Time Bound.

Talk about using WeGoTogether® with your members. [Click here for more information on the WeGoTogether® program.](#)

To promote weight loss members can maintain,^{1,*} payer organizations should provide access to and promote the use of anti-obesity medications such as Wegovy® in appropriate populations with obesity and overweight as part of a comprehensive weight-management program.

*At 68 weeks, mean weight loss was 14.9% (~35 lb) vs 2.4% (~6 lb) with placebo. Mean baseline body weight: Wegovy® 2.4 mg = 232.4 lb; placebo = 231.9 lb. Mean baseline BMI: 37.9 kg/m².

Please see Important Safety Information for Wegovy® continued on pages 1 and 3. Please [click this link](#) for Prescribing Information, including Boxed Warning.

Important Safety Information (cont'd)

Warnings and Precautions

- **Risk of Thyroid C-Cell Tumors:** Patients should be further evaluated if serum calcitonin is measured and found to be elevated or thyroid nodules are noted on physical examination or neck imaging
- **Acute Pancreatitis:** Acute pancreatitis, including fatal and non-fatal hemorrhagic or necrotizing pancreatitis, has been observed in patients treated with GLP-1 receptor agonists, including Wegovy®. Observe patients carefully for signs and symptoms of acute pancreatitis (including persistent severe abdominal pain, sometimes radiating to the back, and which may or may not be accompanied by vomiting). If acute pancreatitis is suspected, discontinue Wegovy® and initiate appropriate management
- **Acute Gallbladder Disease:** Treatment with Wegovy® is associated with an increased occurrence of cholelithiasis and cholecystitis. The incidence of cholelithiasis and cholecystitis was higher in Wegovy® pediatric patients aged 12 years and older than in Wegovy® adults. In clinical trials in adult patients, cholelithiasis was reported by 1.6% of Wegovy® patients and 0.7% of placebo patients. Cholecystitis was reported by 0.6% of Wegovy® patients and 0.2% of placebo patients. In a clinical trial in pediatric patients aged 12 years and older, cholelithiasis was reported by 3.8% of Wegovy® patients and 0% placebo patients. Cholecystitis was reported by 0.8% of Wegovy® pediatric patients and 0% placebo patients. Substantial or rapid weight loss can increase the risk of cholelithiasis; however, the incidence of acute gallbladder disease was greater in Wegovy® patients than in placebo patients, even after accounting for the degree of weight loss. If cholelithiasis is suspected, gallbladder studies and appropriate clinical follow-up are indicated
- **Hypoglycemia:** Wegovy® lowers blood glucose and can cause hypoglycemia. In a trial of adult patients with type 2 diabetes, hypoglycemia was reported in 6.2% of Wegovy® patients versus 2.5% of placebo patients. Patients with diabetes taking Wegovy® with an insulin or insulin secretagogue (e.g. sulfonylurea) may have an increased risk of hypoglycemia, including severe hypoglycemia. The use of Wegovy® in patients with type 1 diabetes or in combination with insulin has not been evaluated. Inform patients of the risk of hypoglycemia and educate them on the signs and symptoms. Monitor blood glucose in patients with diabetes

Important Safety Information (cont'd)

Warnings and Precautions (cont'd)

- **Acute Kidney Injury:** There have been postmarketing reports of acute kidney injury and worsening of chronic renal failure, which in some cases required hemodialysis, in patients treated with semaglutide. Patients with renal impairment may be at a greater risk of acute kidney injury, but some events have been reported in patients without known underlying renal disease. A majority of the events occurred in patients who experienced nausea, vomiting, or diarrhea, leading to volume depletion. Monitor renal function when initiating or escalating doses of Wegovy® in patients reporting severe adverse gastrointestinal reactions and in patients with renal impairment reporting any adverse reactions that could lead to volume depletion.
- **Severe Gastrointestinal Adverse Reactions:** Use of Wegovy® has been associated with gastrointestinal adverse reactions, sometimes severe. In clinical trials, severe gastrointestinal adverse reactions were reported more frequently among patients receiving Wegovy® (4.1%) than placebo (0.9%). Wegovy® is not recommended in patients with severe gastroparesis.
- **Hypersensitivity Reactions:** Serious hypersensitivity reactions (e.g., anaphylaxis, angioedema) have been reported with Wegovy®. If hypersensitivity reactions occur, discontinue use of Wegovy®, treat promptly per standard of care, and monitor until signs and symptoms resolve. Use caution in a patient with a history of anaphylaxis or angioedema with another GLP-1 receptor agonist.
- **Diabetic Retinopathy Complications in Patients with Type 2 Diabetes:** In a trial of adult patients with type 2 diabetes, diabetic retinopathy was reported by 4.0% of Wegovy® patients and 2.7% of placebo patients. Rapid improvement in glucose control has been associated with a temporary worsening of diabetic retinopathy. Patients with a history of diabetic retinopathy should be monitored for progression of diabetic retinopathy.
- **Heart Rate Increase:** Mean increases in resting heart rate of 1 to 4 beats per minute (bpm) were observed in Wegovy® adult patients compared to placebo in clinical trials. More Wegovy® adult patients compared with placebo had maximum changes from baseline of 10 to 19 bpm (41% versus 34%) and 20 bpm or more (26% versus 16%). In a clinical trial in pediatric patients aged 12 years and older with normal baseline heart rate, more patients treated with Wegovy® compared to placebo had maximum changes in heart rate of 20 bpm or more (54% versus 39%). Monitor heart rate at regular intervals and instruct patients to report palpitations or feelings of a racing heartbeat while at rest. If patients experience a sustained increase in resting heart rate, discontinue Wegovy®.
- **Suicidal Behavior and Ideation:** Suicidal behavior and ideation have been reported in clinical trials with other weight management products. Monitor patients for depression, suicidal thoughts or behavior, and/or any unusual changes in mood or behavior. Discontinue Wegovy® in patients who experience suicidal thoughts or behaviors and avoid in patients with a history of suicidal attempts or active suicidal ideation.

References: 1. Wegovy® [package insert]. Plainsboro, NJ: Novo Nordisk Inc. 2. Data on file. Novo Nordisk Inc; Plainsboro, NJ.

Please see Important Safety Information for Wegovy® on pages 1-2.
Please [click this link](#) for Prescribing Information, including Boxed Warning.



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- **Pulmonary Aspiration During General Anesthesia or Deep Sedation:** Wegovy® delays gastric emptying. There have been rare postmarketing reports of pulmonary aspiration in patients receiving GLP-1 receptor agonists undergoing elective surgeries or procedures requiring general anesthesia or deep sedation who had residual gastric contents despite reported adherence to preoperative fasting recommendations. Instruct patients to inform healthcare providers prior to any planned surgeries or procedures if they are taking Wegovy®.

Adverse Reactions

- Most common adverse reactions (incidence ≥5%) are: nausea, diarrhea, vomiting, constipation, abdominal pain, headache, fatigue, dyspepsia, dizziness, abdominal distention, eructation, hypoglycemia in patients with type 2 diabetes, flatulence, gastroenteritis, gastroesophageal reflux disease, and nasopharyngitis.

Drug Interactions

- The addition of Wegovy® in patients treated with insulin has not been evaluated. When initiating Wegovy®, consider reducing the dose of concomitantly administered insulin secretagogues (such as sulfonylureas) or insulin to reduce the risk of hypoglycemia.
- Wegovy® causes a delay of gastric emptying and has the potential to impact the absorption of concomitantly administered oral medications. Monitor the effects of oral medications concomitantly administered with Wegovy®.

Use in Specific Populations

- **Pregnancy:** May cause fetal harm. When pregnancy is recognized, discontinue Wegovy®. Discontinue Wegovy® in patients at least 2 months before a planned pregnancy.
- **Pediatric:** Adverse reactions with Wegovy® in pediatric patients aged 12 years and older were similar to those reported in adults. Pediatric patients ≥12 years of age treated with Wegovy® had greater incidences of cholelithiasis, cholecystitis, hypotension, rash, and urticaria compared to adults treated with Wegovy®. There are insufficient data in pediatric patients with type 2 diabetes treated with Wegovy® for obesity to determine if there is an increased risk of hypoglycemia with Wegovy® treatment similar to that reported in adults.
- **Geriatric:** In the cardiovascular outcomes trial, patients aged 75 years and older reported more hip and pelvic fractures on Wegovy® than placebo. Patients aged 75 years and older (Wegovy® and placebo) reported more serious adverse reactions overall compared to younger adult patients.

For more information on Wegovy® and the WeGoTogether® program, contact your NNI Account Manager:

Name

Email

Phone number

ONCE-WEEKLY
wegovy®
semaglutide injection **2.4 mg**