

Saxenda®
liraglutide injection 3mg

APPROVED for
adolescents
aged 12-17 with obesity
along with a reduced-calorie diet
and increased physical activity



Weight management for **THE NEXT GENERATION**



Actor Portrayals.

Give your teen the support they could need now with Saxenda®, a prescription medicine to help teens manage excess weight in addition to a reduced-calorie diet and increased physical activity.

What is Saxenda®?

Saxenda® (liraglutide) injection 3 mg is an injectable prescription medicine used for adults with excess weight (BMI ≥ 27) who also have weight-related medical problems or obesity (BMI ≥ 30), and children aged 12-17 years with a body weight above 132 pounds (60 kg) and obesity to help them lose weight and keep the weight off. Saxenda® should be used with a reduced calorie diet and increased physical activity.

- Saxenda® and Victoza® have the same active ingredient, liraglutide, and should not be used together or with other GLP-1 receptor agonist medicines
- It is not known if Saxenda® is safe and effective when taken with other prescription, over-the-counter medicines, or herbal weight-loss products
- It is not known if Saxenda® is safe and effective in children under 12 years of age
- It is not known if Saxenda® is safe and effective in children aged 12 to 17 years with type 2 diabetes

Important Safety Information

Do not share your Saxenda® pen with others even if the needle has been changed. You may give other people a serious infection or get a serious infection from them.

What is the most important information I should know about Saxenda®?

Serious side effects may happen in people who take Saxenda®, including:

Possible thyroid tumors, including cancer. Tell your health care professional if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rats and mice, Saxenda® and medicines that work like Saxenda® caused thyroid tumors, including thyroid cancer. It is not known if Saxenda® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people.

Do not use Saxenda® if you or any of your family have ever had MTC, or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).

BMI, body mass index.

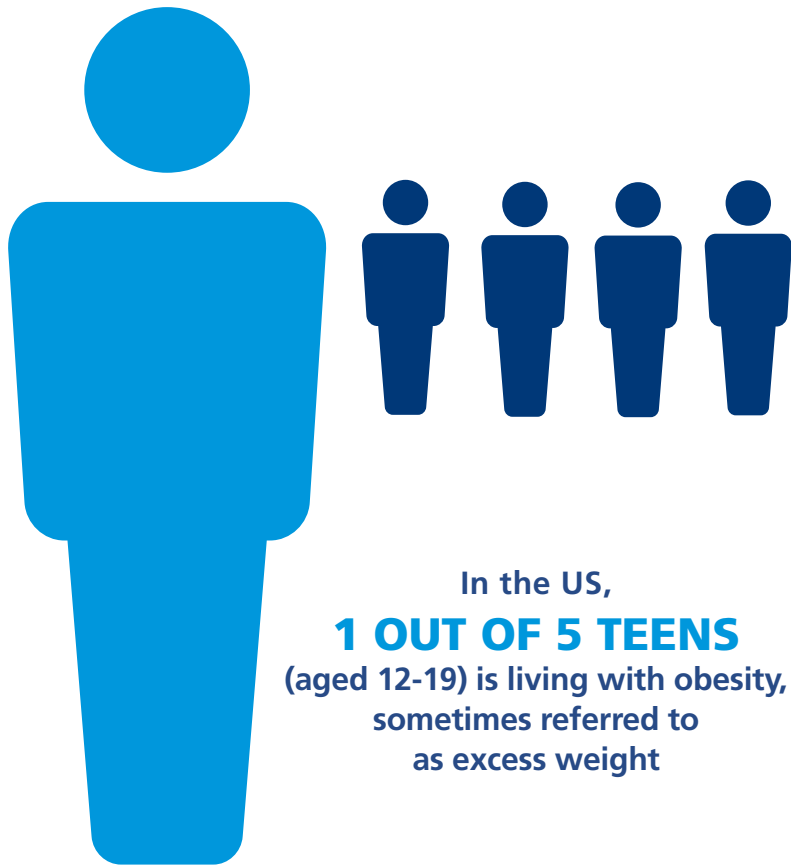
Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at <https://www.novo-pi.com/saxenda.pdf>.



Obesity is a growing epidemic

If you're concerned that your teen could be living with excess weight, know that they're not alone. In fact, having excess weight as a teen is pretty common.

KNOW THE FACTS



In the US,
1 OUT OF 5 TEENS
(aged 12-19) is living with obesity,
sometimes referred to
as excess weight

If your child ever feels like they're the only one dealing with this condition, remind them that they are not alone, and that you're there to support them.

Excess weight may not be
something your teen will simply
“grow out of”

The truth is: Excess weight will follow up to
4 OUT OF 5 TEENS
into adulthood

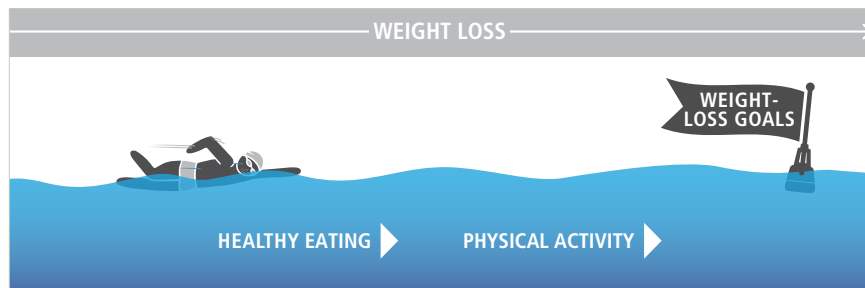
Talk to your teen's health care provider about options to manage weight

Getting to and staying at a healthy weight is important for teens—statistically, teens with obesity will likely have obesity in adulthood. As an adult, **a BMI of 30 or higher is classified as obesity and is associated with higher risk** for certain health complications.

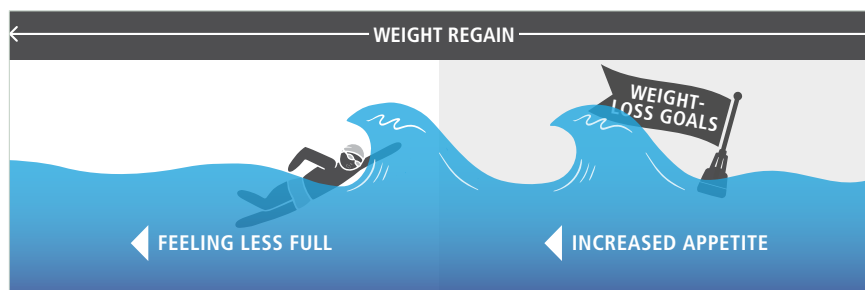
In addition, excess weight can affect teens' emotional well-being in different ways. If you have a concern, ask your teen's health care provider about ways to help.

Obesity is like many other diseases:
IT CAN BE MANAGED
by partnering with your teen's health care provider

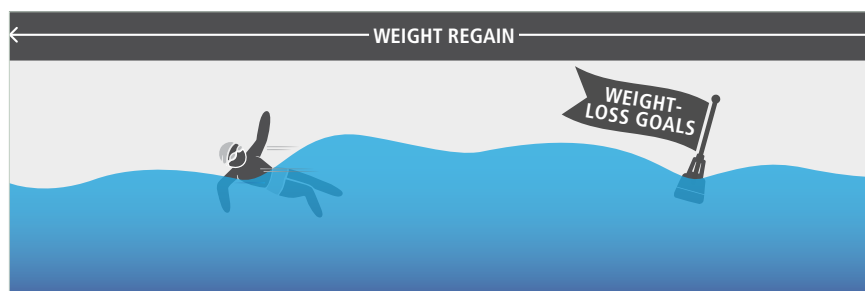
Trying to lose weight can feel like swimming against the tide



Healthy eating and being more active are both important parts of your teen's weight-loss plan.



But an adult study has shown that after weight loss, changes in appetite hormones in the body push back against people's progress, making them feel less full and increasing their appetite.



These changes can work against efforts to keep weight off, making it difficult to prevent weight regain.

But with the support of their health care provider, your teen can find ways to combat these obstacles.

Why does the body react this way?

Thousands of years ago, our bodies learned to adapt to conditions when food was scarce by storing fat.

The good news is: prescription medicine may help

When it comes to weight-loss efforts, what works for some doesn't work for everyone. And that's perfectly okay. In fact, many teens and even adults may need more than a reduced-calorie meal plan and increased physical activity to lose weight and keep it off.

If your teen is having trouble managing their weight with healthy eating and physical activity alone, ask their health care provider about treatment options to help them reach their weight-loss goals.



Saxenda® is approved to treat obesity in teens

Saxenda® is a prescription medicine approved by the FDA for teens aged 12 to 17 years with a body weight above 132 pounds and obesity, to help manage their weight along with a reduced-calorie diet and increased physical activity.

How Saxenda® works

Saxenda® addresses one of the body's natural responses to weight loss.



Actor Portrayal.

Saxenda® is believed to work in a similar way, regulating appetite to make your teen feel less hungry and more full with less food—which can lead to eating fewer calories and losing weight.

FDA, US Food and Drug Administration.

Important Safety Information (cont'd)

Who should not use Saxenda®?

Do not use Saxenda® if:

- you or any of your family have ever had MTC or if you have MEN 2
- you have had a serious allergic reaction to liraglutide or any of the ingredients in Saxenda®. See symptoms of serious allergic reactions in "What are the possible side effects of Saxenda®?"
- you are pregnant or plan to become pregnant. Saxenda® may harm your unborn baby

Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at <https://www.novo-pi.com/saxenda.pdf>.

Saxenda® was studied in teens and proven to work

CLINICAL STUDY INFORMATION

Saxenda® was clinically tested and proven to work in a study including 251 teens aged 12 to 17 with:

- a BMI corresponding to 30 kg/m² or greater for adults
- a BMI of 95th percentile or greater for age and sex

The study lasted for one year (56 weeks). All teens in the study received lifestyle therapy consisting of healthy nutrition and physical activity counseling for weight loss. One group of teens received a daily Saxenda® injection, while the other received an injection without any medicine in it.

In addition to teens, Saxenda® has also been studied in over 3,000 adults, used by 1.5 million people globally, and on the market for 7 years.



Actor Portrayal.

Important Safety Information (cont'd)

Before taking Saxenda®, tell your health care provider about all of your medical conditions, including if you:

- are taking certain medicines called GLP-1 receptor agonists
- have severe problems with your stomach, such as slowed emptying of your stomach (gastroparesis) or problems with digesting food
- have or have had problems with your pancreas, kidneys or liver.
- have or have had depression or suicidal thoughts, or mental health issues
- are breastfeeding or plan to breastfeed. It is not known if Saxenda® passes into your breast milk. You and your health care provider should decide if you will use Saxenda® or breastfeed

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Saxenda® can help your teen lose weight and keep it off

- BMI, or body mass index, is a number based on weight and height used to determine obesity
- Health care providers use BMI to measure changes in weight
- For teens, BMI is compared with peers of the same age and gender in a metric called **BMI-for-age**



Actor Portrayals.

Lowering BMI-for-age by 0.20 or more is considered significant.

Important Safety Information (cont'd)

Tell your health care provider about all the medicines you take, including prescription, over-the-counter medicines, vitamins, and herbal supplements. Saxenda® slows stomach emptying and can affect medicines that need to pass through the stomach quickly. Saxenda® may affect the way some medicines work and some other medicines may affect the way Saxenda® works. Tell your health care provider if you take diabetes medicines, especially insulin and sulfonylurea medicines.

How should I use Saxenda®?

- Read the **Instructions for Use** that comes with Saxenda®
- Inject your dose of Saxenda® under the skin (subcutaneously) in your stomach area (abdomen), upper leg (thigh), or upper arm, as instructed by your health care provider. **Do not inject into a vein or muscle**
- Change (rotate) your injection site within the area you choose with each injection to reduce your risk of getting lumps under the skin (cutaneous amyloidosis). **Do not** use the same site for each injection

Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at <https://www.novo-pi.com/saxenda.pdf>.

When combined with healthy nutrition and physical activity counseling, a year-long study of teens* aged 12 to 17 years with obesity showed that†:

- Teens treated with Saxenda® lowered their BMI-for-age by 0.23
- Teens not treated with Saxenda® did not lower their BMI-for-age at all

Saxenda® significantly lowered BMI-for-age compared with teens not treated with Saxenda®

*In the Saxenda® study, teens were defined as those aged 12 to 17 years.

†Results are from a 56-week study of 251 patients aged 12 to 17 years with BMI corresponding to ≥ 30 kg/m² for adults and BMI of 95th percentile or greater for age and sex that compared Saxenda® with a placebo. Both groups received lifestyle therapy, defined as healthy nutrition and physical activity counseling for weight loss.



Actor Portrayals.

Important Safety Information (cont'd)

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including:

- **inflammation of the pancreas (pancreatitis).** Stop using Saxenda® and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your stomach area (abdomen) to your back
- **gallbladder problems.** Saxenda® may cause gallbladder problems, including gallstones. Some gallbladder problems need surgery. Call your health care provider if you have any of the following symptoms: pain in your upper stomach (abdomen), fever, yellowing of your skin or eyes (jaundice), or clay-colored stools

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Understanding weight-management results

Every teen is different and reacts to weight management and medication in their own way. Your teen's health care provider can explain when they can start seeing results and will help create an individual plan for lasting success.

Ask them what an appropriate weight-loss goal might be for your teen. Because your teen is still growing, the actual amount of weight they lose with Saxenda® might not seem like as much as what you were expecting. In fact, their health care provider may tell you that the goal is for your teen to simply avoid gaining more weight as they grow, which can still help lead to a lower BMI.

Saxenda® is part of their daily routine

Long-term conditions, like obesity, need ongoing management.

As sometimes happens when stopping other weight-management treatments, weight regain could occur if treatment is stopped. Therefore, your teen should continue taking Saxenda® for as long as recommended by their health care provider.



Important Safety Information (cont'd)

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including: (cont'd)

- increased risk of low blood sugar (hypoglycemia) in adults with type 2 diabetes who also take medicines to treat type 2 diabetes such as sulfonylureas or insulin
- risk of low blood sugar (hypoglycemia) in children who are 12 years of age and older without type 2 diabetes

Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at <https://www.novo-pi.com/saxenda.pdf>.

How to take Saxenda®

Saxenda® is a **once-daily** injectable prescription medication that comes in a prefilled pen, ready for your teen to use.



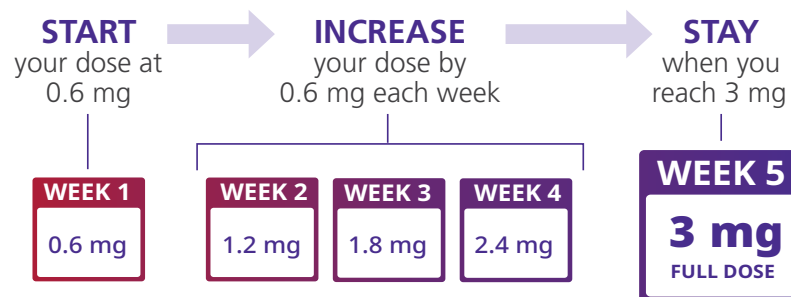
Your teen can take Saxenda® at **any time of day, with or without food**, by self-injecting it under their skin in the stomach area, thigh, or upper arm. You or another caregiver can also help deliver the injection.

Your teen's health care provider should show you or your teen how to use Saxenda® before using it for the first time.

Watch the "how-to" video at [Saxenda.com](https://www.saxenda.com), or call the support hotline if you would like to know more

Recommended dosing schedule

When your teen begins treatment with Saxenda®, they will slowly increase how much they take so that they can ease onto the medicine gradually. The 4-week dosing schedule was designed to help introduce your teen's body to the medicine. This will lessen possible side effects like nausea or upset stomach.



When they reach the full 3 mg, they should continue taking this dose every day. If your teen does not tolerate the 3 mg dose, talk to their health care provider.

Important Safety Information (cont'd)

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including: (cont'd)

- Signs and symptoms of low blood sugar may include: shakiness, sweating, headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heartbeat, and feeling jittery. You should check your blood sugar before you start taking Saxenda® and while you take Saxenda®

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Possible side effects

The most common side effects of Saxenda® are:

- Nausea
- Upset stomach (dyspepsia)
- Diarrhea
- Tiredness (fatigue)
- Constipation
- Dizziness
- Vomiting
- Stomach pain
- Injection site reaction
- Changes in enzyme (lipase) levels in the blood
- Low blood sugar (hypoglycemia)
- Fever*
- Headache
- Gastroenteritis*

*These side effects are common in teens but not in adults.



Expected Side Effects

The most common side effect your teen may experience when they first start Saxenda® is nausea. Talk to your teen's health care provider about whether adjusting their dose may help.

Important Safety Information (cont'd)

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including: (cont'd)

- **increased heart rate.** Saxenda® can increase your heart rate while you are at rest. Your health care provider should check your heart rate while you take Saxenda®. Tell your health care professional if you feel your heart racing or pounding in your chest and it lasts for several minutes

Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at <https://www.novo-pi.com/saxenda.pdf>.

How do I talk to my teen about their weight?

Bringing up weight with a teen can be a tricky topic. But you're making an effort to talk with your teen, and that's important.

Here are some reminders when trying to navigate the conversation:

- **It can be tough to manage weight alone.** When you, your family, and your teen's health care provider work together for your teen, they may have a better chance at being successful with managing their weight
- **Stay focused on health rather than weight.** Remind your teen that this isn't about how they look—it's about how they feel, and about their health both now and in the future

Remember, your teen with obesity needs support. Stay engaged in their weight management—let them know you're listening and that you care

Important Safety Information (cont'd)

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including: (cont'd)

- **kidney problems (kidney failure).** Saxenda® may cause nausea, vomiting, or diarrhea leading to loss of fluids (dehydration). Dehydration may cause kidney failure, which can lead to the need for dialysis. This can happen in people who have never had kidney problems before. Drinking plenty of fluids may reduce your chance of dehydration. Call your health care provider right away if you have nausea, vomiting, or diarrhea that does not go away, or if you cannot drink liquids by mouth

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How can you give your teen strong family support?

The Saxenda® Together Hotline

Free, one-on-one coaching for parents and caregivers

Call to speak with a coach

1-833-688-1343

(Monday-Friday between 8:30 AM and 8:00 PM ET)



Actor Portrayals.

Important Safety Information (cont'd)

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including: (cont'd)

- **serious allergic reactions.** Stop using Saxenda® and get medical help right away if you have any symptoms of a serious allergic reaction including swelling of your face, lips, tongue, or throat, fainting or feeling dizzy, very rapid heartbeat, problems breathing or swallowing, or severe rash or itching

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Savings with Saxenda®

Call 1-855-SAXENDA or visit SaxendaCoverage.com to:

- **See if your teen is covered for Saxenda® and find out your co-pay**
 - Remember to have your teen's prescription card ready
- **Request a Savings Card**
 - Be sure to activate your savings card before picking up your teen's prescription
- **Learn how to submit a claim for reimbursement (only available by calling 1-855-SAXENDA)**
 - If you use a mail order pharmacy that does not participate in our savings card program, you can submit a claim with us to receive the same benefit

Text "SAVE" to 68795 to check your teen's prescription coverage



Actor Portrayals.

Pay as little as \$25 or save up to \$200 per Saxenda® 30-day supply

Maximum benefit of \$200 and 12 benefits annually. Novo Nordisk reserves the right to modify or cancel this program at any time. Eligibility and other restrictions apply.

Important Safety Information (cont'd)

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including: (cont'd)

- **depression or thoughts of suicide.** You should pay attention to any mental changes, especially sudden changes, in your mood, behaviors, thoughts, or feelings. Call your health care provider right away if you have any mental changes that are new, worse, or worry you

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APPROVED for adolescents aged 12 to 17 years with obesity along with a reduced-calorie diet and increased physical activity



HELP YOUR TEEN LOSE WEIGHT AND KEEP IT OFF

with Saxenda^{®†}



Actor Portrayals.

Get helpful savings & support inside!

[†]Results are from a 56-week study of 251 patients aged 12 to 17 years with BMI corresponding to ≥ 30 kg/m² for adults and BMI of 95th percentile or greater for age and sex that compared Saxenda[®] with a placebo. Both groups received lifestyle therapy, defined as healthy nutrition and physical activity counseling for weight loss.

Important Safety Information (cont'd)

What are the possible side effects of Saxenda[®]?

The most common side effects of Saxenda[®] in adults include nausea, diarrhea, constipation, vomiting, injection site reaction, low blood sugar (hypoglycemia), headache, tiredness (fatigue), dizziness, stomach pain, and change in enzyme (lipase) levels in your blood. Additional common side effects in children are fever and gastroenteritis.

Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at
<https://www.novo-pi.com/saxenda.pdf>.



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