

What to expect: your Macrilen™ test

Test time: _____ Test date: _____

Location phone #: _____ Test location: _____

What is Macrilen™?

Macrilen™ is a prescription drug that you drink to help your health care provider diagnose Adult Growth Hormone Deficiency (AGHD). Macrilen™ comes as granules that are mixed with water to form the solution that you drink. The test lasts 90 minutes. When it's finished, there is no downtime, so you can continue with your day.

How does it work?

Macrilen™ dosing is based on your weight. Once you have been weighed, the dose is ordered by your health care provider. When you come in for your test, you will be weighed again so that the proper dosage can be determined. The Macrilen™ test is then completed in 3 main steps.



1 Drink

You must drink the entire solution within 30 seconds.



2 Draw

Your blood will be drawn 4 times—at 30, 45, 60, and 90 minutes after you drink the Macrilen™ solution.



3 Diagnose

Your blood samples will be tested in the lab, and a health care provider will review your results to determine whether you have AGHD.

A quick checklist before your Macrilen™ test

- Tell your health care provider if you are breastfeeding, pregnant, or trying to get pregnant.
- Talk to your health care provider about all the medications you are taking. You might need to stop taking certain medications that could affect the test results.
- Set an alarm or reminder on your phone for at least 8 hours before the test so you remember to fast (do not eat or drink anything except water).

More information about your test

Important Safety Information

What should I know about Macrilen™?

- Taking Macrilen™ with certain other medications may cause irregular changes to your heart rhythm. Before taking Macrilen™, tell your health care provider about all of your medications, as you may need to temporarily stop taking some medications, including growth hormones, before you take Macrilen™.
- Some medications may cause a false positive result when taken with Macrilen™. Before taking Macrilen™, tell your health care provider about all the medications you take, including growth hormone.



Please see Important Safety Information throughout and on back page.

Please see Prescribing Information.

 **Macrilen™** 60 mg
(macimorelin) for oral solution

Macrilen™ coverage and support

- If you are prescribed Macrilen™ by a health care provider, the next step is to verify your insurance coverage
- You may receive a call from your Specialty Pharmacy asking you to provide your insurance coverage information^a
- Novo Nordisk is committed to supporting patient access to Macrilen™ through the Macrilen™ Co-Pay Savings Program, which may help to lower your out-of-pocket costs for Macrilen™
- If you do not have health insurance or do not have coverage for Macrilen™, you may be eligible to receive Macrilen™ at no cost

^aFor patients who have commercial or private health insurance.

Call 1-844-MAC-AGHD (1-844-622-2443) or visit Macrilen.com for more information.

Indication and Usage

What is Macrilen™ (macimorelin) for oral solution 60 mg?

Macrilen™ (macimorelin) is a prescription oral solution that is used to test for adult growth hormone deficiency (AGHD).

- It is not known if Macrilen™ is safe and effective for use in people who have a body mass index (BMI) of greater than 40 kg/m²

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- Some medications may cause a false positive result when taken with Macrilen™. Before taking Macrilen™, tell your health care provider about all the medications you take, including growth hormone
- Tell your health care provider if you were recently diagnosed with hypothalamic disease, as this can cause a false negative result with Macrilen™
- You will need to fast (go without food) for at least 8 hours before taking Macrilen™

What are the possible side effects with Macrilen™?

Macrilen™ may cause serious side effects, including:

- Changed sense of taste, dizziness, headache, fatigue, nausea, hunger, diarrhea, upper respiratory tract infection, feeling hot, excessive sweating, sore nose and throat, and decreased heart rate

These are not all of the possible side effects of Macrilen™. Call your health care provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Prescribing Information.

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