Size Up the facts

Idiopathic Short Stature (ISS)

Early advocacy can make a difference.

The sooner you understand ISS and advocate for your child, the better the chance to help them reach their growth potential.

novo nordisk®

Models throughout are used for illustrative purposes only.

Your child just got diagnosed with Idiopathic Short Stature (ISS).

How can you help?

Imagine your child standing in the hallway at school, watching friends reach the top locker with ease while they struggle to stretch. Or sitting on a bench at an amusement park while everyone else is tall enough to go on that new ride.

For kids, these moments can make a difference—they help shape confidence, friendships, and how they see themselves.

ISS isn't just about height. It can affect how a child feels every day—making it harder to join in, feel included, and keep up with peers. That's why being aware of what your child is experiencing is so important.

You can make a difference. Working quickly with a growth specialist or pediatric endocrinologist to get appropriately diagnosed is key for your child to reach their growth potential.

What is ISS and how does it affect your child's growth?

ISS means your child is growing much more slowly than other kids their age and doctors aren't sure why.

Children with ISS may:

- Grow at a rate that's much slower than most kids their age—often below the third percentile (meaning that 97% of children of the same age and gender are taller)
- Continue to grow more slowly, even through puberty
- Reach an adult height that's shorter than expected

Talk to your doctor about treatment options as soon as you can.

Advocating early can help give your child the best chance to reach their growth potential.

What can you do right now to help your child with Idiopathic Short Stature (ISS) thrive?

Make sure your pediatric endocrinologist continues to work with you after diagnosis to set up a plan for treating ISS. Since the window to treat ISS properly may be limited to a few years, it's important to explore your options as soon as possible.

Talk to your pediatric endocrinologist to figure out a treatment plan.

Since there may have been an initial delay in diagnosis, **it's important to get started now.**

Talk to your doctor now about an overall treatment plan for your family.

Here are 3 questions to ask your pediatric endocrinologist about your child's condition:

Can you tell me more about my options since my child may have **a limited window**?

Can we discuss **treatment options** that can help my child reach their growth potential?

What can help us **stay on track** with a treatment plan so my child doesn't miss the opportunity to grow?

Once your doctor decides on a treatment plan, the manufacturer of your child's treatment may be able to help:

Answer your questions about insurance coverage.

If your child is prescribed treatment, the manufacturer of your child's treatment may be able to answer your questions about insurance coverage and reimbursement.

Navigate the insurance process.

With your permission, your child's doctor may contact the pharmaceutical manufacturer for help navigating the insurance process.

Provide financial assistance if you are eligible.

If your child's doctor has prescribed a treatment option for your child but you are unable to resolve insurance reimbursement issues, the pharmaceutical manufacturer may be able to provide treatment free of charge on a short-term basis. There may also be assistance available from other support organizations.

Use these resources to help you learn more and get support during treatment.

Additional resources

The MAGIC Foundation

4200 Cantera Drive, #106
Warrenville, IL 60555
Tel: 1-800-3MAGIC3 (1-800-362-4423)
Magicfoundation.org

The leading nonprofit organization committed to reducing the physical and emotional impact of growth-related endocrine disorders.

Endocrine Society

2055 L Street NW, Suite 600
Washington, DC 20036
Tel: 1-888-363-6274
endocrine.org

A support and research group that has been working for over 100 years to find answers to hormone-related disorders.

Human Growth Foundation

43 Glen Cove Rd, Ste B, #224
Greenvale, NY 11548
Tel: 1-844-661-5550
hgfound.org | hgf1@hgfound.org

The world's leading nonprofit organization focused on children and adults with rare growth, bone, and endocrine conditions.

Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)

National Institutes of Health, DHHS
31 Center Drive, Bldg 31, Rm 2A32
Bethesda, MD 20892-2425
Tel: 1-800-370-2943
nichd.nih.gov

Leading research and training to understand human development and enhance the lives of children and adolescents.

Brought to you by Novo Nordisk

Size Up the facts

Idiopathic Short Stature (ISS)

Early advocacy can make a difference.

novo nordisk®