

**TRESIBA**<sup>®</sup>  
insulin degludec injection 100 U/mL, 200 U/mL

+ FreeStyle **Libre** 14 day   
FLASH GLUCOSE MONITORING SYSTEM

**AN EXCLUSIVE OFFER FOR YOU!**

Receive a 30-day supply of Tresiba<sup>®</sup> and up to two (2) FreeStyle Libre 14 day sensors for \$5 through the **START&SEE**<sup>a-c</sup> PROGRAM



<sup>a</sup>For up to 24 months (maximum savings of \$150 per 30-day supply). See eligibility and other restrictions at [novocare.com/eligibility/startandsee.html](http://novocare.com/eligibility/startandsee.html).

<sup>b</sup>Provided that you have a valid prescription for the FreeStyle Libre system sensor.

<sup>c</sup>The two (2) FreeStyle Libre 14 day sensors must be redeemed within the same pharmacy claim (ie, transaction).

Your health care provider thinks you have the motivation and commitment to be a good candidate for this program and will write you prescriptions for Tresiba<sup>®</sup> and FreeStyle Libre 14 day sensors. Visit [StartandSee.com](http://StartandSee.com) or call **1-877-831-0298** to enroll in this program and receive your START & SEE Program card to take to the pharmacy.

**What is the FreeStyle Libre system?**

The FreeStyle Libre system stores up to 90 days of glucose data using the FreeStyle Libre 14 day sensors, so you can see patterns and historic trends as you start taking Tresiba<sup>®</sup> and discuss any changes you should make to your routine.

The FreeStyle LibreLink app and the FreeStyle Libre 14 day reader have similar but not identical features. Finger sticks are required for treatment decisions when you see Check Blood Glucose symbol, when symptoms do not match system readings, when you suspect readings may be inaccurate, or when you experience symptoms that may be due to high or low blood glucose. The FreeStyle LibreLink app is compatible only with certain mobile devices and operating systems. Please check [www.FreeStyleLibre.us](http://www.FreeStyleLibre.us) for more information about device compatibility before using the app. Use of the FreeStyle LibreLink app requires registration with LibreView, a service provided by Abbott and Newyu, Inc.

Please see Indications and Important Safety Information for the FreeStyle Libre 14 day system and Tresiba<sup>®</sup> on the following pages.

Please [click here](#) or visit [www.novo-pi.com/tresiba.pdf](http://www.novo-pi.com/tresiba.pdf) for Tresiba<sup>®</sup> Prescribing Information.



## Indications and Important Safety Information for FreeStyle Libre 14 day System

FreeStyle Libre 14 day Flash Glucose Monitoring System is a continuous glucose monitoring (CGM) device indicated for the management of diabetes in persons age 18 and older. It is designed to replace blood glucose testing for diabetes treatment decisions. The System detects trends and tracks patterns aiding in the detection of episodes of hyperglycemia and hypoglycemia, facilitating both acute and long-term therapy adjustments. Interpretation of the System readings should be based on the glucose trends and several sequential readings over time. The System is intended for single patient use and requires a prescription.

**CONTRAINDICATIONS:** Remove the sensor before MRI, CT scan, X-ray, or diathermy treatment.

**WARNINGS/LIMITATIONS:** Do not ignore symptoms that may be due to low or high blood glucose, hypoglycemic unawareness, or dehydration. Check sensor glucose readings with a blood glucose meter when Check Blood Glucose symbol appears, when symptoms do not match system readings, or when readings are suspected to be inaccurate. The FreeStyle Libre 14 day system does not have alarms unless the sensor is scanned, and the system contains small parts that may be dangerous if swallowed. The FreeStyle Libre 14 day system is not approved for pregnant women, persons on dialysis, or critically-ill population. Sensor placement is not approved for sites other than the back of the arm and standard precautions for transmission of blood borne pathogens should be taken. The built-in blood glucose meter is not for use on dehydrated, hypotensive, in shock, hyperglycemic-hyperosmolar state, with or without ketosis, neonates, critically-ill patients, or for diagnosis or screening of diabetes. When using FreeStyle LibreLink app, access to a blood glucose monitoring system is required as the app does not provide one. Review all product information before use or contact Abbott toll-free 855-632-8658 or visit [www.FreeStyleLibre.us](http://www.FreeStyleLibre.us) for detailed indications for use and safety information. For full indications for use and safety information, visit <https://www.FreeStyleLibre.us/safety-information>.

## Indication and Important Safety Information for Tresiba®

### What is Tresiba®?

- Prescription Tresiba® is a long-acting insulin used to control high blood sugar in adults and children who are 1 year of age and older with diabetes
- Tresiba® is not for people with diabetic ketoacidosis
- It is not known if Tresiba® is safe and effective in children under 1 year of age
- Tresiba® is available in 2 concentrations: 200 units/mL and 100 units/mL

### Important Safety Information

**Do not share your Tresiba® FlexTouch® with other people, even if the needle has been changed. Do not share needles or syringes with another person. You may give other people a serious infection, or get a serious infection from them.**

### Who should not take Tresiba®?

**Do not take Tresiba® if you:**

- are having an episode of low blood sugar
- are allergic to Tresiba® or any of the ingredients in Tresiba®

**Before taking Tresiba®, tell your health care provider about all your medical conditions, including if you are:**

- pregnant, planning to become pregnant, or are breastfeeding
- taking new prescription or over-the-counter medicines, vitamins, or herbal supplements

**Talk to your health care provider about low blood sugar and how to manage it.**

Please see additional Important Safety Information for Tresiba® on the following page  
Please [click here](#) or visit [www.novo-pi.com/tresiba.pdf](http://www.novo-pi.com/tresiba.pdf) for Tresiba® Prescribing Information.

## Important Safety Information for Tresiba® (cont'd)

### How should I take Tresiba®?

- **Read the Instructions for Use** and take Tresiba® exactly as your health care provider tells you to
- **Do not do any conversion of your dose. The dose counter always shows the selected dose in units**
- Know the type and strength of insulin you take. **Do not** change the type of insulin you take unless your health care provider tells you to
- **Change (rotate) your injection sites within the area you choose with each injection** to reduce your risk of getting lipodystrophy (pits in skin or thickened skin) and localized cutaneous amyloidosis (skin with lumps) at the injection sites.
  - **Do not** use the exact same spot for each injection.
  - **Do not** inject where the skin has pits, is thickened, or has lumps.
  - **Do not** inject where the skin is tender, bruised, scaly or hard, or into scars or damaged skin.
- Adults - If you miss or are delayed in taking your dose of Tresiba®:
  - Take your dose as soon as you remember, then continue with your regular dosing schedule
  - Make sure there are at least **8** hours between doses
- If children miss a dose of Tresiba®:
  - Call the healthcare provider for information and instructions about checking blood sugar levels more often until the next scheduled dose of Tresiba®
- For children who need less than 5 units of Tresiba® each day, use a Tresiba® U-100 vial
- **Check your blood sugar levels.** Ask your health care provider what your blood sugar levels should be and when you should check them
- **Do not reuse or share your needles or syringes with other people.** You may give them a serious infection, or get a serious infection from them
- **Never** inject Tresiba® into a vein or muscle
- **Never** use a syringe to remove Tresiba® from the FlexTouch® pen

### What should I avoid while taking Tresiba®?

- **Do not** drive or operate heavy machinery, until you know how Tresiba® affects you
- **Do not** drink alcohol or use prescription or over-the-counter medicines that contain alcohol

### What are the possible side effects of Tresiba®?

**Tresiba® may cause serious side effects that can be life-threatening, including:**

- **Low blood sugar (hypoglycemia).** Signs and symptoms that may indicate low blood sugar include anxiety, irritability, mood changes, dizziness, sweating, confusion, and headache
- **Low potassium in your blood (hypokalemia)**
- **Heart failure** in some people if taken with thiazolidinediones (TZDs). This can happen even if you have never had heart failure or heart problems. If you already have heart failure, it may get worse while you take TZDs with Tresiba®. Tell your health care provider if you have any new or worse symptoms of heart failure including shortness of breath, tiredness, swelling of your ankles or feet, and sudden weight gain

**Your insulin dose may need to change because of** change in level of physical activity or exercise, increased stress, change in diet, weight gain or loss, or illness.

**Common side effects may include** reactions at the injection site, itching, rash, serious allergic reactions (whole body reactions), skin thickening or pits at the injection site (lipodystrophy), weight gain, and swelling of your hands and feet.

**Get emergency medical help if you have** trouble breathing, shortness of breath, fast heartbeat, swelling of your face, tongue, or throat, sweating, extreme drowsiness, dizziness, or confusion.

Please [click here](#) or visit [www.novo-pi.com/tresiba.pdf](http://www.novo-pi.com/tresiba.pdf) for Tresiba® Prescribing Information.