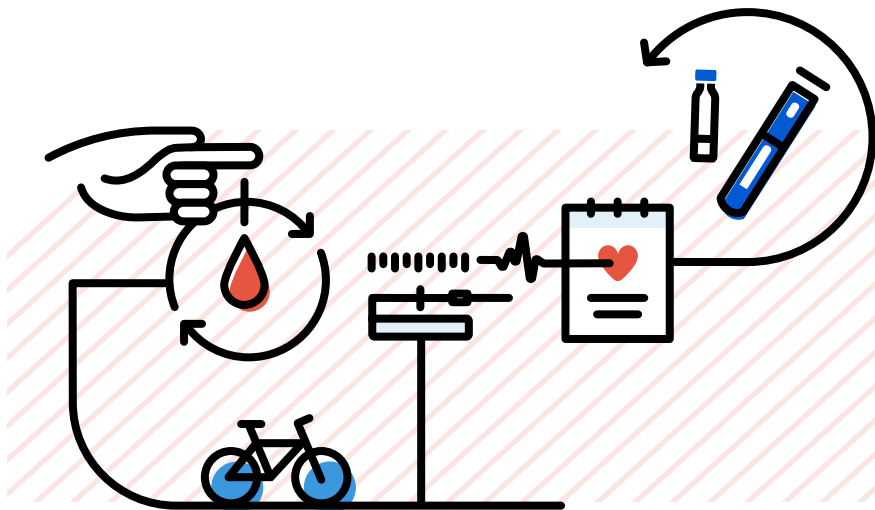
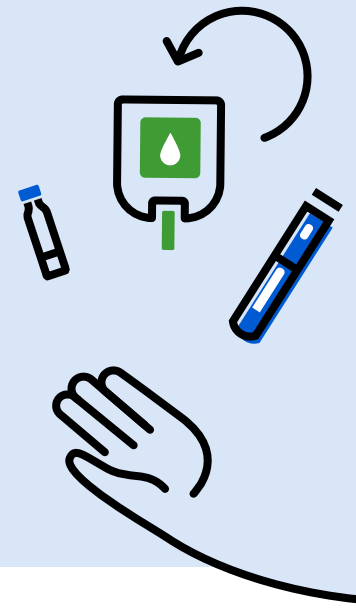


How Your Diabetes Treatment Plan May Evolve



Diabetes is a progressive disease

Even with medications, healthy eating, and plenty of exercise, your diabetes can change. And that can mean changing your treatment plan to better manage your diabetes and your long-term health.

Changes your doctor may recommend for type 2 diabetes



Switching to a different medicine that may better address your needs



Adjusting the dose of a medicine to help keep up with changes in your diabetes



Adding a new medicine that might give you additional benefits

Remember: Just because your diabetes is changing, it doesn't mean you've done something "wrong"!



Risks with diabetes

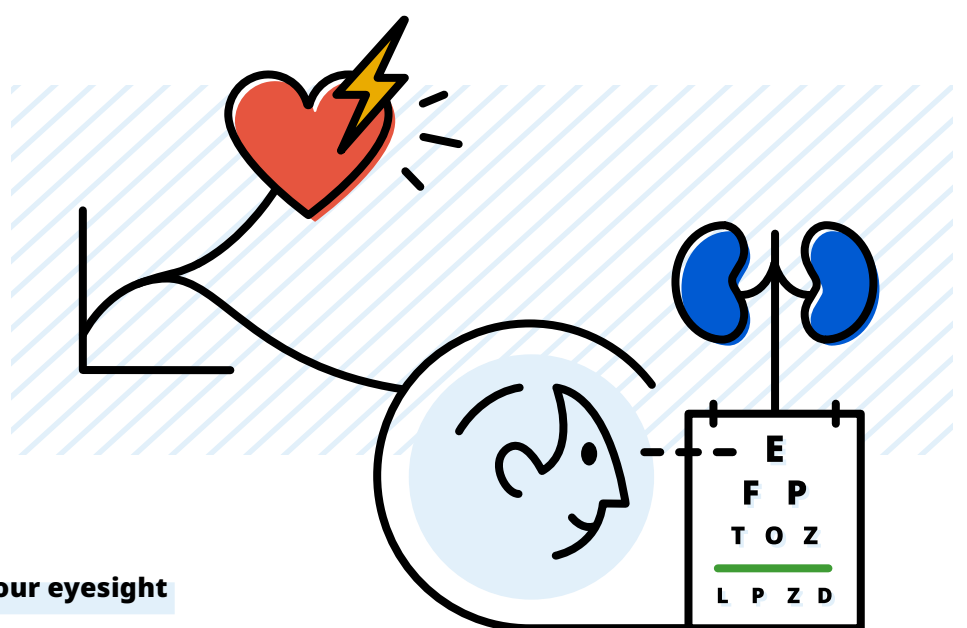
No matter how well you manage diabetes, it can still increase your risk of certain complications as you age. Be sure to talk to your doctor if you notice any new symptoms or changes in how you feel. A few potential risks include:

Nerve damage, especially in your legs

Problems with your eyesight

Heart and blood vessel disease

Kidney disease



Still have questions about staying on track with your diabetes treatment plan? Find helpful info, tools, and resources on [Cornerstones4Care.com](https://www.cornerstones4care.com).

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